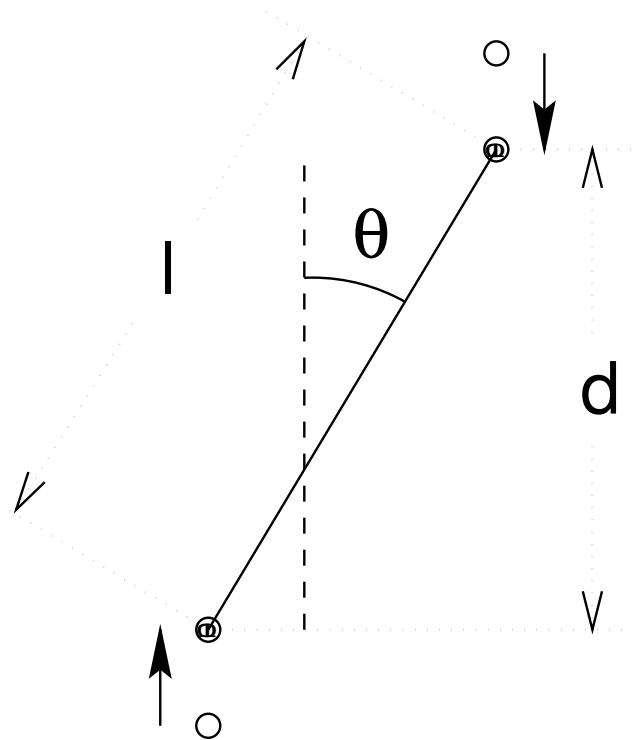
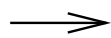
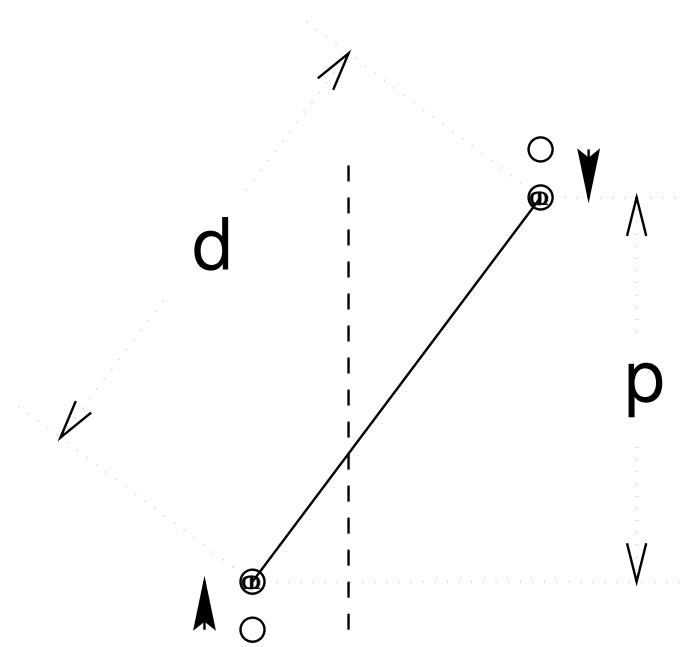
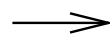


unconstrained
update



projecting out
forces working
along the bonds



correction for
rotational
lengthening